

BROUGHT TO YOU BY THE AIR FORCE SERVICES



**Fit Families**  
Get up. Get out. Get fit. Together.

# [ BE STRONGER, TOGETHER ]

THROUGH CAMARADERIE, TEAMWORK & FUN



## AIR FORCE YOUTH & TEEN COHESION CHALLENGE

Compete in an Air Force physical challenge led by an experienced member of Special Operations and learn how to overcome adversity as a team

YOUTH AGES 9-12

DAY MONTH TIME

TEENS AGES 13-18

DAY MONTH TIME

THIS EVENT IS IN  
COOPERATION WITH



© No federal endorsement intended