USAF R4R

RECHARGE FOR RESILIENCY

BROUGHT TO YOU BY THE
AIR FORCE SERVICES ACTIVITY

Learn a new approach in parenting with...

A humorous look at parenting,
a serious look at discipline

1-2-3 Magic PARENTING

presented by
Thomas W. Phelan, PhD

Learn more about R4R at myairforcelife.com/R4R