



RECHARGE FOR RESILIENCY

BROUGHT TO YOU BY THE AIR FORCE SERVICES ACTIVITY

DAY

MONTH

TIME

05

HOURS

10

MILES

50

PARTICIPANTS

[BE STRONGER,
TOGETHER]

COMPETE IN AN AIR FORCE PHYSICAL CHALLENGE LED BY AN EXPERIENCED MEMBER OF SPECIAL OPERATIONS WHO WILL TEACH YOU HOW TO OVERCOME ADVERSITY AS A TEAM

AIR FORCE
TEAM COHESION CHALLENGE

THIS EVENT IS IN COOPERATION WITH



No federal endorsement intended

Learn more about R4R at myairforcelife.com/R4R