



RECHARGE FOR RESILIENCY

BROUGHT TO YOU BY THE
AIR FORCE SERVICES ACTIVITY

AIR FORCE TEAM COHESION CHALLENGE

DAY

MONTH

TIME

05

HOURS

10

MILES

50

PARTICIPANTS

[BE STRONGER, TOGETHER]

COMPETE IN AN AIR FORCE PHYSICAL CHALLENGE LED BY AN EXPERIENCED MEMBER OF SPECIAL OPERATIONS WHO WILL TEACH YOU HOW TO OVERCOME ADVERSITY AS A TEAM

THIS EVENT IS IN
COOPERATION WITH



No federal endorsement intended

Learn more about R4R at myairforcelife.com/R4R