



Get up. Get out. Get fit.
Together.

APRIL is Financial Fitness Month

Every month is fitness month at usafFitFamily.com

Yes, part of your family's fitness is your financial fitness. Being healthy financially allows you to be a better Airman, do your job better, and have more time for family fun.

In April at the Fit Family website, you'll find helpful tips and articles like these to get your family financially fit:

- ways to discuss family budgeting
- making a savings goal
- opening savings accounts for your children,
- ideas on cutting one thing from your daily life to save for something big and much more.

Remember, Fit Family is here for you!



Visit www.usafFitFamily.com today!

