

Bourbon-Style Chicken Breast

(25 servings)



INGREDIENTS:

Boneless Chicken Breasts (4-6 oz) 25 ea

MINOR'S® Bourbon Style Sauce 3 cups/2 Tbs

NUTRITIONAL VALUE:

Calorie: 250
Fat: 4g
Cholesterol: 100mg
Sodium: 420mg
G4G: Green

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Method of Preparation

Oven Method

1. Place chicken in large bowl or pan.
2. Pour MINOR'S® Bourbon Style Sauce over chicken coating each piece.
3. Cover mixture and refrigerate for 60 minutes or longer for extra flavor.
4. Remove chicken from marinade, discard any remaining marinade.
5. Bake chicken in a preheated 325° oven for 25 minutes or until chicken has an internal temperature of 165°F for 15 seconds.

Charbroiler or Pre-Heated Flat-top Grill Method

1. Follow steps 1-4
2. Grill chicken on each side until internal temperature of 165°F for 15 seconds.
3. Brush chicken with fresh sauce before serving.