

CHEESY POTATO PASTA POCKET



INGREDIENTS:

18 Servings per container

Serving Size: 4 pierogies w/ sauce

NUTRITIONAL VALUE:

Calorie: 170
Fat: 7g
Cholesterol: 10mg
Sodium: 430mg
G4G: Yellow

POINTS OF CONTACT:

TSgt ShaErica Waters
Shaerica.waters@us.af.mil
DSN: 969-7753
COM: 210-395-7753

Bill Spencer
william.spencer.2@us.af.mil
DSN: 969-7788
COM: 210-395-7788

Method of Preparation

1. Bring water to a boil. Add bag of frozen stuffed pasta & sauce to boiling water .
2. Boil approximately 45-50 minutes to assure an internal temperature of 160F is obtained.
3. Reheating Instructions:

Add a little water to sauce and slow heat until interior of pasta reaches 140F.