

# Lemon Basil Shrimp & Pasta

(25 servings)



## INGREDIENTS:

Shrimp frozen	4 ½ lbs
Spaghetti noodles	2 lbs
Basil, dried	¼ cup
Lemon juice	½ cup
Olive oil	½ cup
Tomatoes, fresh, diced	⅔ lb
Spinach, fresh	2 ½ lbs

## NUTRITIONAL VALUE:

Calorie: 240  
Fat: 6 g  
Cholesterol: 105 mg  
Sodium: 470 mg  
G4G: Green

## POINTS OF CONTACT:

**TSgt ShaErica Waters**  
Shaerica.waters@us.af.mil  
DSN: 969-7753  
COM: 210-395-7753

**Bill Spencer**  
william.spencer.2@us.af.mil  
DSN: 969-7788  
COM: 210-395-7788

## Method of Preparation

1. Bring 12 quarts of water to a boil. Add pasta; cook 8 minutes.
2. Add shrimp to pot; cook 2 minutes or until pasta is al dente. Drain.
3. Stir in basil, spinach, and olive oil.
4. Toss mixture together. Heat through until internal temperature of 165° for 15 seconds.
5. Sprinkle diced tomatoes after placing in pan before serving.

Serving Size: 5 ounces (143 grams)